

WYRE AND FYLDE SCHOOL SPORTS PARTNERSHIP EXTRA CURRICULAR OFFER NOVEMBER-DECEMBER

In line with government guidelines, Wyre and Fylde School Sports Partnership are very excited to share with you our November-December half term extra-curricular provision which will be offered in 5 week blocks. This programme was successfully delivered across a number of Wyre & Fylde Schools in half term 1 ensuring that delivery agencies adhere to the most current and strict social distancing measures. As ever, our coaches meet both Lancashire County Council Education Authority and National Governing Body school delivery criteria.

The delivery team will be adhering to the following operating procedures when visiting your school:

- All sessions will take place outdoors on the school site whenever possible.
- All sessions will be delivered ensuring that coaches and participants maintain social distancing protocol.
- Upon arrival, the coach will make their presence known to the office staff and make their way outside of the building to the playground or school field. If the session is to be delivered indoors then delivery staff will wear a mask, make their way straight to the delivery space and be distanced from the group during the session.
- It will be your school's responsibility to arrange for a member of staff to register the children, supervise changing arrangements and remain with the children for the duration of the session. Following conclusion of the session, the school staff member will return the group back into school to collect their belongings and ensure children leave the school site safely to ensure the coach does not enter the class bubble.
- The coach will depart with no intrusion into the school building if the session is taking place
 outdoors. If the session is taking place indoors then the coach will depart directly out of the
 school with no deviation.
- All equipment will be sanitised prior to each session to avoid cross contamination between schools.
- Please find attached supporting Covid-19 policies for each delivery agency.

Upon receipt of the signed agreement, the schools PE Coordinator and the deliverer agency will be required to agree amicable delivery dates from November along with which age group (bubble).

PLEASE NOTE: Sessions must take place outdoors whenever possible, therefore we are very dependent on the weather. Should an indoor facility not be available and the session be required to be cancelled due to adverse weather conditions then this will be confirmed in agreement by 11am on the day of delivery. NO REFUND WILL BE MADE AS THE COMMITMENT FOR DELIVERY TIME WILL HAVE BEEN ALLOCATED.

Time Frame

Deadline for returned sign-up sheet Friday 23rd October

Agreed delivery dates for commencement W/C Monday 9th November

Invoice to be issued W/C Monday 30th November

Jason Sharp jason.sharp@fleetwoodtownfc.com 07834581414



WYRE SCHOOLS ONLY

KS2 Girls Football (School to choose year group)

NO BOYS ALLOWED!!! This is a girls only football session for anyone willing to give it a go! These sessions are all about lots of ball time for all abilities with the key focus of fun, fun, fun.

KS1 Football (School to choose year group)

Fleetwood Town Community Trust will deliver a 5 week extra-curricular block to K\$1 Boys and/or Girls. These sessions will introduce the children to the game of football that stimulates close control through more touches of the football.

Milligan & McCann jm@fyldefooty.co.uk 07703213979



FYLDE SCHOOLS ONLY

KS2 Girls Football (School to choose year group)

NO BOYS ALLOWED!!! This is a girls only football session for anyone willing to give it a go! These sessions are all about lots of ball time for all abilities with the key focus of fun, fun, fun.

KS1 Football (School to choose year group)

Milligan & McCann Coaches will deliver a 5 week extra-curricular block to K\$1 Boys and/or Girls. These sessions will introduce the children to the game of football that stimulates close control through more touches of the football.

Mark Rangeley
Rangeley90@gmail.com
07772779093



Basketball

We run a 5 week coaching block to try and improve all aspects of the sport and the child's development. We provide up to two portable baskets for the sessions and access to a ball per player for better development of the skills. Each session will have a big part dedicated to self-development working with a ball each or very small groups. All the coaches are Level 2 Basketball Coaches and have extensive experience within school environments and sport.

- Week 1 Dribbling session
- Week 2 Shooting session
- Week 3 Passing session
- Week 4 pivoting session
- Week 5 Mini Tournament

Mark Rangeley
Rangeley90@gmail.com
07772779093

Quidditch (That's right!!! Quidditch!)

Quidditch is an amazing, up-and-coming sport. The game offers children of all genders and body types the opportunity to pursue achievement in sport. The mixed gender nature of sport is at the core of programme delivery promoting equality and achievement for all on the playing field.

Through Quidditch, children are able to improve the basic movements which are easily transferred to other sporting arenas such as developing hand-eye coordination and communication. Additionally, the inclusion of several games that are ongoing simultaneously creates excellent pitch awareness and develops tactical thinking.

Lorna Rushton lornarushton67@gmail.com 07510137631



Cheerleading

Pom Dance Cheerleading is a fun and exciting way of targeting fitness and is an alternative kind of exercise in school for both girls and boys. It encourages team performance, discipline, positive attitude and confidence within the participants all whilst helping them to keep fit and active. During these 5 weeks of activity the children will be introduced to the cheerleading style of dance including cheerleading drills and movements, whilst also learning chants, cheers and games.

Antony Parkinson 07738408731 antony@judoeducation.co.uk



Judo

The Olympic Sport of Judo is not only great for keeping fit, it's also brilliant fun as well! Thousands of children all across Britain take part in the sport of Judo, some in Schools and some in Clubs. Every child that completes a Judo or Fencing Class gets one of our great Certificates to take home. Jockeys Up, The Belt Game, Dead Ant – Don't know what we are talking about? You will, we play some awesome games and not only are they fantastic fun, they get you fit as well! We have extensive links with Judo Clubs across Lancashire and offer each child that attend the club a free taster session at their nearest Judo Centre.

Antony Parkinson 07738408731 antony@judoeducation.co.uk



Fencing

All equipment and teaching will be provided in the art of fencing. Children will be instructed on the basic moves of fencing and take each other on in a duel to put their new skills into action!

Phill Mills 07534321418 Phill.mills@community-group.co.uk

Tag Rugby

These Tag Rugby Sessions engage the fundamental skills of rugby through fun tag and rugby ball skills adapted games. As the sessions progress the games



and skills they learn will be transferred into mini tag rugby games. We also coach the children the core values of rugby such as sportsmanship, respect and resilience.

Laura Mitchell 07813931122

theyogigroup@gmail.com



Yoga & Mindfulness

We are delighted to be offering our Little Yogis curriculum, yoga, mindfulness and relaxation classes for 5 weeks. We deliver fun, imaginative adventure stories through yoga, games followed by mindfulness and relaxation. Throughout the course we teach children over 40 different yoga poses each week, encouraging positivity, relaxation and breathing techniques.

Please also see supporting documents for Outdoor Education and the Healthy Heads and Yogi Group Mental Wellbeing Day.

NOVEMBER - DECEMBER SPORTS PREMIUM OFFER SIGN UP SHEET

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3 hour workshop		£200	
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Any other comments......