



COMMUNITY TRUST

'achieving your goals'



Premier League
Primary Stars



PE & SCHOOL
SPORT OFFER
2019-20

#OnwardTogether

Fleetwood Town Community Trust Offer

FTFCT will co-ordinate the delivery of curriculum support and extra-curricular sport provision with the ultimate aim of inspiring a generation of teachers and learners through PE, Physical Activity, PSHE and Literacy.

The FTFCT School sports programme compliments the Wyre & Fylde SSP offer and fits in line with the National Curriculum and meets the criteria required for the sports premium funding.

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What We Deliver

PE Curriculum Delivery and Teacher CPD Support

FTFCCT Coaches will work with teachers individually during curriculum time to increase their knowledge and confidence in delivering PE lessons. Mentoring will include high quality delivery from FTFCCT coaches against the PE National Curriculum. Support will also include ways to plan effectively, lesson ideas, differentiation strategies and assessment for learning support. The project can work with teachers from Reception to Year 6.

Extra Curricular Delivery

This provision can be provided in the form of breakfast clubs, lunch-time activities and after-school clubs. This can be in the form of sport specific clubs, working with identified pupils or providing extra training to a school team with the aim to increase motivation, confidence and skill development.



PE Intervention

FTFCCT will work with a select number of children to support and develop children who may need additional support within a certain area of physical education. FTFCCT coaches will also work with children who are deemed Gifted & Talented by their school to provide extended support around their strengths and areas for development. All delivery will be linked to the National Curriculum for KS1 and KS2 children.

Reading Stars

The PLPS Reading Stars is a 10-week literacy intervention targeted at Year 5 and 6 pupils with the aim to stimulate literacy engagement in children who love football but lack motivation and are not reaching age expectation in literacy and in particular reading.

What We Deliver

FTFCCT PSHE Programme

This programme is designed to provide the opportunity for learners to build resilience, develop a growth mind-set and express their feelings and opinions. The programme will use the power of Football and sport to reach out to the learners to develop the areas mentioned. The PSHE programme is designed to complement the Healthy Heads programme which is in the Wyre & Fylde Schools Sports package, delivered by ourselves.

Twilight School Teacher Training

Training CPD workshops available to all school staff – workshops will run between 1-2 hours. Workshops can be delivered during inset days or afterschool to teachers and teaching assistants.

FA Primary Teachers Award

FA Primary Teachers Award - Two teachers from each school have the opportunity to attend the course FREE of charge. The course is an induction on skills, knowledge and understanding required to plan and deliver high quality Physical Education lessons and is delivered by FA Education tutors.

PLPS Competitions

We will host sport specific and literacy Premier League Primary Stars competitions with the aim to increase sporting participation, inclusion and competition.

PE & Sport Equipment Scheme

Schools have the opportunity to sign up to the PLPS equipment scheme through signing up and applying through the Premier League Primary Stars website. Schools have the opportunity to gain up to £500 worth of sporting equipment or the opportunity to win a new football kit for their school team.

Assemblies

Schools can receive FREE assemblies that cover a host of topics. FTFCCT coaches look to deliver assemblies to support schools visions and values as well as aspects within their school that may need improvement such as resilience, healthy eating, diversity and positive & happy playtimes.

Collapsed Curriculum

Schools have the opportunity to buy into a half or full day of delivery from FTFCCT coaches, these days will consist of a variety activities. Examples of previous collapsed curriculum days include health days, sport specific days and PSHE.



Packages

Package 1 - Core Offer

The core offer consists of PE curricular delivery and extra-curricular activity which fits in line with the National Curriculum. There is an opportunity to buy-in to a range of extra-curricular sports to improve sport participation and competition.



If you buy into the core offer you receive...

6 PE Curriculum lessons with each year group (6 week delivery blocks)
6 Extra-Curricular blocks (Max 20 places) (5 weeks)

Package 2 - HUB Delivery

Our HUB support will provide the school with a experienced and qualified member of staff to plan, support and deliver a bespoke package that meets the needs and requirements of your school within PE.

If you buy into the HUB Delivery package you receive...

Half Day Support (2 Curricular and 1 Extra Curricular lessons)
Full Day Support (4 Curricular and 2 Extra Curricular lessons)

Buy into Half Day HUB Support and receive FREE;

1. PLPS Assembly
2. Twilight School Teacher Training

Buy into Full Day HUB Support and receive FREE;

1. PLPS Assembly
2. Twilight School Teacher Training
3. FTFCCCT PSHE Programme
4. PLPS Collapsed Curriculum Day

Other single blocks of delivery, of your choice, are also available to book.

Wyre & Fylde SSP



The following programmes are accessed through the Wyre & Fylde School Sports Partnership, but delivered by Fleetwood Town Community Trust. To book, please do so by signing up to the relevant programme via the Wyre & Fylde School Sports Package.

Healthy Heads

Healthy Heads is a cross-curricular PSHE initiative that focusses on 'whole-child development' to educate years one to six about their character. The bespoke 5-week block of lessons combine theory and physical activity with individual, partner and whole-group based learning to reinforce school values and messages.



KS1 Programme

Children will access learning through storytelling and topical games to promote: **Self-esteem / Kindness / Teamwork / Resilience / Positivity**

KS2 Programme

Healthy Heads is now giving YOU, the teachers, the option to choose what values will be delivered to your classes. Following your feedback, years 3, 4, 5 and 6 can now access a progressive programme where children can benefit from a variety of interactions both inside and outside the classroom.

Additional values this year include topics such as: Growth mindset, Positivity, Relationships, Self-esteem and more. The chosen values will be decided by YOU or the class teacher before delivery is due to start.

Be Active Stay Healthy

This is a four-week curriculum health programme where children will learn about the skeletal system, muscles in the body, nutrition and the benefits of daily activity. The lessons combine both theory and physical activity and covers other subject areas in Science and PSHE.



Extra Curricular - Change 4 Life

This is a five-week extra-curricular club where children take part in fun games with the aim to enjoy exercising in a fun and friendly environment. As part of the clubs, children will learn about the importance of leading a healthy lifestyle through nutrition and physical activity.



Other Extra-Curricular Clubs

- Futsal
- Speedstacking
- KS1 Multiskills

Additional (free packages)

Bikeability Scheme

Fleetwood Town Community Trust currently delivers Level One and Two Bikeability in partnership with Sporting NRG and Wyre & Fylde SSP. Bikeability is a cycling proficiency designed to give Year 5/6 children the skills and confidence to ride their bikes in both the playground and on today's roads.

Children will take part in two lessons which will include activities initially on the school yard then progressing onto public highways, bridleways and cycle paths working towards the Bikeability Level Two Award.



In 2018 we have had an extremely successful year by delivering to more than 650 pupils in Wyre.

Move and Learn

The Kinder+Sport Move and Learn Project is a national school-based educational programme for children aged between 9-10 that has been developed by the EFL Trust, Ferrero and Fleetwood Town Community Trust.

By combining six weeks of practical sporting sessions with classroom sessions, the programme encourages physical activity, promotes nutritional education and builds awareness of the importance of a healthy diet and active lifestyle.

The programme content is developed by nutritional and educational experts in line with the recommendations in the Government's eat well plate and the National Curriculum.



Contact Us:

Jason Sharp
Senior Sports Development Officer

Telephone - 01253 208442

Mobile- 07834581414

Email- Jason.sharp@fleetwoodtownfc.com